

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>March cont'd 31</p> <p>10:00 🍷 Walking Club [OUT] 12:00 📺 Who, What, When, Where [AR] 2:00 🌟 Puzzle Time [AR] 2:30 🎴 Card Game [AR] 3:00 🍷 Root Beer Floats [AR] 4:00 🌟 Nondenominational Church Service [CH/L] 4:30 🎴 Card Game: War [AR] 6:30 🎬 Movie Night [T]</p>	<p>3</p> <p>10:00 🍷 Walking Club [OUT] 12:00 📺 Who, What, When, Where [AR] 2:00 🌟 Puzzle Time [AR] 2:30 🎴 Card Game [AR] 3:00 🍷 Root Beer Floats [AR] 4:00 🌟 Nondenominational Church Service [CH/L] 4:30 🎴 Card Game: War [AR] 6:30 🎬 Movie Night [T]</p>	<p>4</p> <p>9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🎴 Pinochle [T] 12:00 📺 Picture Find [AR] 2:00 🎴 Board Games [AR] 2:00 🍷 Wii Golf [E] 2:30 🎴 Pokeno [AR] 4:30 🍷 Current Events Club [AR] 6:30 🎴 Card Game of Choice [E] 7:00 🎴 Bingo [AR]</p>	<p>5</p> <p>Happy Birthday Claire H.! Happy Birthday Clarice M.! 9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🌟 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 🎴 Kings In the Corner [AR] 12:00 📄 Word Searches [AR] 12:30 📺 Lunch Bunch to Buffalo Wild Wings [BUS] 2:00 🎴 Puzzle Time [E] 2:30 🍷 Mountain Man Candy [LOB] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Essential Oil Hand Massages [CH/L] 6:30 🍷 Rummikub [AR]</p>	<p>6</p> <p>Bus Transportation for Shopping 9:20 🌟 Catholic Communion [CH/L] 9:30 🍷 Exercise: Yoga [E] 11:00 🌟 Bible Study [CH/L] 12:30 🍷 Friendship Lunch [DR] 1:30 🎴 Mesa Store [MS] 2:00 🍷 Community Meeting and Path to Wellness Awards [LOB] 2:30 📺 Wii Bowling League [E] 3:00 🎴 Bridge Club [AR] 4:30 🍷 Let's Learn Spanish: Numbers [AR] 6:30 🎴 Skip-Bo [AR]</p>	<p>7</p> <p>Bus Transportation for Medical Appointments 9:30 🍷 Exercise: Sit and Be Fit [E] 10:15 🎴 Ambassador Meeting [E] 12:30 🍷 Dress In Blue Day [DR] 2:00 🌟 Avon Representative [LOB] 2:00 🎴 Bean Bag Football [E] 2:30 🎴 Pokeno [AR] 3:30 🍷 Tech Time: How to Facetime [AR] 4:30 🎴 Aggravation Game [AR] 6:30 🎴 Crossword Puzzles [E] 7:00 🎴 Bingo [AR]</p>	<p>8</p> <p>9:30 🍷 Exercise: Cardio [E] 10:30 🌟 Arts and Crafts: Emily Carr's Trees for International Women's Day [AR] 12:30 🍷 Dining Room Trivia [DR] 2:00 🎴 Bean Bag Baseball with the Caprock Kids [E] 3:00 🎴 Card Game-Kings In the Corner [AR] 4:00 🍷 Happy Hour [LOB] 4:30 🎴 Sudoku Puzzles [AR] 6:30 🎴 Uno Card Game [AR]</p>	<p>9</p> <p>9:30 🍷 Exercise: Stretching [E] 10:00 🍷 Scrabble [AR] 10:30 🍷 Coffee & Doughnuts [AR] 12:30 🎴 Name Tag & Great Call Alerts [DR] 2:00 🍷 Activity Planning Meeting [AR] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Phase 10 [AR] 6:30 🎴 Rummikub [AR]</p>
<p>Daylight Saving Time Begins 10 Happy Birthday Allene H.! 10:00 🍷 Walking Club [OUT] 12:00 📺 Who, What, When, Where [AR] 2:00 🌟 Puzzle Time [AR] 2:30 🎴 Card Game [AR] 3:00 🍷 Ice Cream Social [AR] 4:00 🌟 Hymn Sing with Dorris [CH/L] 4:30 🎴 Card Game: War [AR] 6:30 🎬 Movie Night [T]</p>	<p>11</p> <p>9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🎴 Pinochle [T] 12:00 📺 Picture Find [AR] 2:00 🎴 Board Games [AR] 2:00 🍷 Food for Thought [AR] 2:00 🍷 Wii Golf [E] 2:30 🎴 Pokeno [AR] 4:30 🍷 Current Events Club [AR] 6:30 🎴 Card Game of Choice [E] 7:00 🎴 Bingo [AR]</p>	<p>12</p> <p>8:30 📺 Breakfast at Spoons [BUS] 9:00 🍷 Foot C's [CH/L] 9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🌟 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 🎴 Kings In the Corner [AR] 10:45 🎴 Knitting and Crocheting Club Delivery Day [BUS] 12:00 📄 Word Searches [AR] 2:00 🎴 Puzzle Time [E] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Guided Relaxation [CH/L] 6:30 🍷 Rummikub [AR]</p>	<p>13</p> <p>Bus Transportation for Shopping Happy Birthday Shirley F.! Happy Birthday Tom F.! 9:20 🌟 Catholic Communion [CH/L] 9:30 🍷 Exercise: Strengthening [E] 11:00 🌟 Bible Study [CH/L] 12:30 🍷 Friendship Lunch [DR] 1:30 🎴 Mesa Store [MS] 2:00 🍷 Kindred Vital Checks [AR] 2:30 📺 Wii Bowling League [E] 3:00 🎴 Bridge Club [AR] 4:30 🍷 Let's Learn Spanish: Colors [AR] 6:30 🎴 Skip-Bo [AR]</p>	<p>14</p> <p>Bus Transportation for Medical Appointments 9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🍷 Executive Director Chat [AR] 10:30 🌟 Creative Coloring [AR] 12:30 🍷 Dress In Green Day [DR] 2:00 🎴 Bean Bag Football [E] 2:00 🍷 Learning with First Light: Why you should be active [AR] 2:30 🍷 Grand Mesa Medical [AR] 2:30 🎴 Pokeno [AR] 4:30 🎴 Aggravation Game [AR] 6:30 🎴 Crossword Puzzles [E] 7:00 🎴 Bingo [AR]</p>	<p>15</p> <p>Happy Birthday Norma M.! Happy Birthday Robert M.! 9:30 🍷 Exercise: Cardio [E] 10:30 🌟 Arts and Crafts: Paper Bag Butterfly Puppets [AR] 12:30 🍷 Dining Room Trivia [DR] 2:00 🎴 Bean Bag Baseball [E] 3:00 🎴 Card Game-Kings In the Corner [AR] 4:00 🍷 Happy Hour with Nick [LOB] 4:30 🎴 Sudoku Puzzles [AR] 6:30 🎴 Uno Card Game [AR]</p>	<p>16</p> <p>9:30 🍷 Exercise: Stretching [E] 10:00 🍷 Scrabble [AR] 10:30 🍷 Coffee & Doughnuts [AR] 12:30 🎴 Name Tag & Great Call Alerts [DR] 2:00 🌟 Let's Make a Movie with One Day! [AR] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Phase 10 [AR] 6:30 🎴 Rummikub [AR]</p>	
<p>St. Patrick's Day 17 10:00 🍷 Walking Club [OUT] 12:00 📺 Who, What, When, Where [AR] 12:30 🍷 Luck of the Irish Lunch [DR] 2:00 🍷 Mean, Green St. Patty's Day Smoothies [AR] 2:00 🌟 Puzzle Time [AR] 3:00 🎴 Card Game [AR] 4:00 🌟 Nondenominational Church Service [CH/L] 4:30 🎴 Card Game: War [AR] 6:30 🎬 Movie Night [T]</p>	<p>18</p> <p>Caring Transitions 9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🎴 Pinochle [T] 12:00 📺 Picture Find [AR] 2:00 🎴 Board Games [AR] 2:00 🍷 Wii Golf [E] 2:30 🎴 Pokeno [AR] 4:30 🍷 Current Events Club [AR] 6:30 🎴 Card Game of Choice [E] 7:00 🎴 Bingo [AR]</p>	<p>19</p> <p>9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🌟 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 🎴 Kings In the Corner [AR] 12:00 📄 Word Searches [AR] 2:00 📺 Ice Cream at Coldstone [BUS] 2:00 🎴 Puzzle Time [E] 2:30 🍷 Mountain Man Candy [LOB] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Aromatherapy [CH/L] 6:30 🍷 Rummikub [AR]</p>	<p>20</p> <p>Bus Transportation for Shopping 9:20 🌟 Catholic Communion [CH/L] 9:30 🍷 Exercise: Strengthening [E] 11:00 🌟 Bible Study [CH/L] 12:30 🍷 Ambassadors/New Residents Luncheon [DR] 12:30 🍷 Friendship Lunch [DR] 1:30 🍷 AAA Hearing [AR] 1:30 🎴 Mesa Store [MS] 2:30 📺 Wii Bowling League [E] 3:00 🎴 Bridge Club [AR] 4:30 🍷 Let's Learn Spanish: Review the Numbers [AR] 6:30 🎴 Skip-Bo [AR]</p>	<p>21</p> <p>Bus Transportation for Medical Appointments 9:30 🍷 Exercise: Sit and Be Fit [E] 10:15 🎴 Ambassador Meeting [E] 12:30 🍷 Dress In Yellow Day [DR] 2:00 🎴 Bean Bag Football [E] 2:30 🎴 Pokeno [AR] 3:30 🍷 Tech Time: How do I use an Email? [AR] 4:30 🎴 Aggravation Game [AR] 6:30 🎴 Crossword Puzzles [E] 7:00 🎴 Bingo [AR]</p>	<p>22</p> <p>Happy Birthday Ida S.! 9:30 🍷 Exercise: Cardio [E] 10:30 🌟 Arts and Crafts: Scrapbooking [AR] 12:30 🍷 Dining Room Trivia [DR] 2:00 🎴 Bean Bag Baseball [E] 3:00 🎴 Card Game-Kings In the Corner [AR] 4:00 🍷 Happy Hour with Hugh [LOB] 4:30 🎴 Sudoku Puzzles [AR] 6:30 🎴 Uno Card Game [AR]</p>	<p>23</p> <p>9:30 🍷 Exercise: Stretching [E] 10:00 🍷 Scrabble [AR] 10:30 🍷 Coffee & Doughnuts [AR] 12:30 🎴 Name Tag & Great Call Alerts [DR] 2:00 🍷 This is Your Life [LOB] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Phase 10 [AR] 6:30 🎴 Rummikub [AR]</p>	
<p>24</p> <p>10:00 🍷 Walking Club [OUT] 12:00 📺 Who, What, When, Where [AR] 2:00 🌟 Puzzle Time [AR] 2:30 🎴 Card Game [AR] 3:00 🍷 Ice Cream Social [AR] 4:00 🌟 Nondenominational Church Service [CH/L] 4:30 🎴 Card Game: War [AR] 6:30 🎬 Movie Night [T]</p>	<p>25</p> <p>9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🎴 Pinochle [T] 12:00 📺 Picture Find [AR] 2:00 🎴 Board Games [AR] 2:00 🍷 Wii Golf [E] 2:30 🎴 Pokeno [AR] 4:30 🍷 Current Events Club [AR] 6:30 🎴 Card Game of Choice [E] 7:00 🎴 Bingo [AR]</p>	<p>26</p> <p>Trip to the Movies 9:30 🍷 Exercise: Sit and Be Fit [E] 10:00 🌟 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 🎴 Kings In the Corner [AR] 12:00 📄 Word Searches [AR] 2:00 🍷 March Birthday Event [LOB] 2:00 🎴 Puzzle Time [E] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Guided Breathing Exercises [CH/L] 6:30 🍷 Rummikub [AR]</p>	<p>27</p> <p>Bus Transportation for Shopping 9:20 🌟 Catholic Communion [CH/L] 9:30 🍷 Exercise: Strengthening [E] 11:00 🌟 Bible Study [CH/L] 12:30 🍷 Friendship Lunch [DR] 1:30 🎴 Mesa Store [MS] 2:00 🍷 Kindred Vital Checks [AR] 2:30 📺 Wii Bowling League [E] 3:00 🌟 Book Club [CH/L] 3:00 🎴 Bridge Club [AR] 4:30 🍷 Let's Learn Spanish: Review the Colors [AR] 6:30 🎴 Skip-Bo [AR]</p>	<p>28</p> <p>Bus Transportation for Medical Appointments 9:30 🍷 Exercise: Sit and Be Fit [E] 10:30 🌟 Creative Coloring [AR] 12:30 🍷 Dress In Pink Day [DR] 2:00 🎴 Bean Bag Football [E] 2:00 🍷 Let's Learn with First Light: Hygiene 2:30 🍷 Grand Mesa Medical Walker Checks [AR] 2:30 🎴 Pokeno [AR] 4:30 🎴 Aggravation Game [AR] 6:30 🎴 Crossword Puzzles [E] 7:00 🎴 Bingo [AR]</p>	<p>29</p> <p>9:30 🍷 Exercise: Cardio [E] 10:30 🌟 Arts and Crafts: Rainsticks [AR] 12:30 🍷 Dining Room Trivia [DR] 2:00 🎴 Bean Bag Baseball with the Caprock Kids [E] 3:00 🎴 Card Game-Kings In the Corner [AR] 4:00 🍷 Happy Hour 4:30 🎴 Sudoku Puzzles [AR] 6:30 🍷 Spa Night with Hope [AR]</p>	<p>30</p> <p>9:30 🍷 Exercise: Stretching [E] 10:00 🍷 Scrabble [AR] 10:30 🍷 Coffee & Doughnuts [AR] 12:30 🎴 Name Tag & Great Call Alerts [DR] 2:00 🍷 Gold Key Club [AR] 3:00 🎴 Mexican Train Dominoes [AR] 4:30 🍷 Phase 10 [AR] 6:30 🎴 Rummikub [AR]</p>	