


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																								
	<b>Be Adventurous</b> <b>Be Challenged</b> <b>Be Connected</b> <b>Be Family</b> <b>Be Inspired</b> <b>Be Social</b> <b>Be Well</b>	<b>New Year's Day 1</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:00 Word Searches [AR] 2:00 Trip to Enstrom's [BUS] 3:00 Mexican Train Dominoes [AR] 4:30 Puzzle Time [AR] 6:30 Rummikub [AR]	<b>Bus Transportation for Shopping 2</b> 9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:00 Community Meeting [LOB] 3:00 Bridge Club [AR] 4:30 Card Game: Rummy [AR] 6:30 Skip-Bo [AR]	<b>Bus Transportation for Medical Appointments 3</b> 9:30 Exercise: Sit and Be Fit [E] 10:15 Ambassador Meeting [E] 12:30 Dress In Blue Day [DR] 2:00 Talk with First Light: Why you should eat [AR] 2:30 Pokeno [AR] 3:00 Bean Bag Football [E] 4:30 Aggravation Game [AR] 6:30 Crossword Puzzles [E] 7:00 Bingo [AR]	<b>4</b> 9:30 Exercise: Cardio [E] 10:30 Arts and Crafts [AR] 12:30 Dining Room Trivia [DR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Twirp [LOB] 4:30 Card Game: Go Fish [AR] 6:30 Uno Card Game [AR]	<b>Happy Birthday Miriam K.! 5</b> 9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee & Doughnuts [AR] 12:30 Name Tag & Great Call Alerts [DR] 2:00 Activities Interest Meeting [AR] 3:00 Mexican Train Dominoes [AR] 4:30 Card Game: Slapjack [AR] 6:30 Rummikub [AR]																																								
	<b>6</b> 10:00 Walking Club [OUT] 12:00 Who, What, When, Where [AR] 2:00 Puzzle Time [AR] 2:30 Card Game [AR] 3:00 Root Beer Floats [AR] 4:00 Nondenominational Church Service [CH/L] 4:30 Card Game: War [AR] 6:30 Yahtzee [AR]	<b>7</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 12:00 Picture Find [AR] 2:00 Puzzle Time [E] 2:30 Pokeno [AR] 4:30 Current Events Club [AR] 6:30 Card Game of Choice [E] 7:00 Bingo [AR]	<b>Trip to the Movies: Time TBH 8</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:00 Word Searches [AR] 2:00 Mountain Man Candy [LOB] 2:00 Wii Golf [E] 3:00 Mexican Train Dominoes [AR] 4:30 Puzzle Time [AR] 6:30 Rummikub [AR]	<b>9</b> <b>Bus Transportation for Shopping</b> 9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:00 Vitals Checks with Kindred [AR] 2:30 Wii Bowling League [E] 3:00 Bridge Club [AR] 4:30 Card Game: Rummy [AR] 6:30 Skip-Bo [AR]	<b>10</b> <b>Bus Transportation for Medical Appointments</b> <b>Happy Birthday Don P.!</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Chat with Jackie [AR] 10:30 Creative Coloring [AR] 12:30 Dress In Green Day [DR] 2:00 Avon Representative [LOB] 2:00 Bean Bag Football [E] 2:30 Grand Mesa Medical [AR] 2:30 Pokeno [AR] 4:30 Aggravation Game [AR] 6:30 Crossword Puzzles [E] 7:00 Bingo [AR]	<b>11</b> 9:30 Exercise: Cardio [E] 10:30 Arts and Crafts [AR] 12:30 Dining Room Trivia [DR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Rosewood and Ivory [LOB] 4:30 Card Game: Go Fish [AR] 6:30 Uno Card Game [AR] 7:00 How to use your Smart TV with Tony [AR]	<b>12</b> 9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee & Doughnuts [AR] 12:30 Name Tag & Great Call Alerts [DR] 2:00 Livin' the Dream Presentation [AR] 3:00 Mexican Train Dominoes [AR] 4:30 Card Game: Slapjack [AR] 6:30 Rummikub [AR]																																							
	<b>13</b> 10:00 Walking Club [OUT] 12:00 Who, What, When, Where [AR] 2:00 Puzzle Time [AR] 2:30 Card Game [AR] 3:00 Ice Cream Social [AR] 4:00 Hymn Sing with Dorris [CH/L] 4:30 Card Game: War [AR] 6:30 Yahtzee [AR]	<b>Happy Birthday Norma V.! 14</b> 9:00 Foot C's [CH/L] 9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 12:00 Picture Find [AR] 2:00 Food for Thought [AR] 2:00 Puzzle Time [E] 2:30 Pokeno [AR] 4:30 Current Events Club [AR] 6:30 Card Game of Choice [E] 7:00 Bingo [AR]	<b>15</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:00 Lunch at Famous Dave's [BUS] 12:00 Word Searches [AR] 2:00 Wii Golf [E] 3:00 Mexican Train Dominoes [AR] 4:30 Puzzle Time [AR] 6:30 Rummikub [AR]	<b>16</b> <b>Bus Transportation for Shopping</b> 9:20 Catholic Communion [CH/L] 9:30 Yoga with Yoga Group USA [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 12:30 New Resident/Ambassador Lunch [DR] 1:30 AAA Hearing [AR] 1:30 Mesa Store [MS] 2:30 Wii Bowling League [E] 3:00 Bridge Club [AR] 4:30 Card Game: Rummy [AR] 6:30 Skip-Bo [AR]	<b>17</b> <b>Bus Transportation for Medical Appointments</b> 9:30 Exercise: Sit and Be Fit [E] 10:15 Ambassador Meeting [E] 12:30 Dress In Orange Day [DR] 2:00 Bean Bag Football [E] 2:30 Pokeno [AR] 4:30 Aggravation Game [AR] 6:30 Crossword Puzzles [E] 7:00 Bingo [AR]	<b>18</b> 9:30 Exercise: Cardio [E] 10:30 Arts and Crafts [AR] 12:30 Dining Room Trivia [DR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Tea for Two [LOB] 4:30 Card Game: Go Fish [AR] 6:30 Uno Card Game [AR]	<b>19</b> 9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee & Doughnuts [AR] 12:30 Name Tag & Great Call Alerts [DR] 2:00 Gold Key Club [AR] 3:00 Mexican Train Dominoes [AR] 4:30 Card Game: Slapjack [AR] 6:30 Rummikub [AR]																																							
	<b>20</b> 10:00 Walking Club [OUT] 12:00 Who, What, When, Where [AR] 2:00 Puzzle Time [AR] 2:30 Card Game [AR] 3:00 Root Beer Floats [AR] 4:00 Nondenominational Church Service [CH/L] 4:30 Card Game: War [AR] 6:30 Yahtzee [AR]	<b>Caring Transitions Martin Luther King, Jr. Day 21</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 12:00 Picture Find [AR] 2:00 Puzzle Time [E] 2:30 Pokeno [AR] 4:30 Current Events Club [AR] 6:30 Card Game of Choice [E] 7:00 Bingo [AR]	<b>22</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:00 Word Searches [AR] 2:00 Mountain Man Candy [LOB] 2:00 Trip to Children's Nature Center [BUS] 3:00 Mexican Train Dominoes [AR] 4:30 Puzzle Time [AR] 6:30 Rummikub [AR]	<b>23</b> <b>Bus Transportation for Shopping</b> <b>Happy Birthday Bob D.!</b> 9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:00 Vitals Checks with Kindred [AR] 2:30 Wii Bowling [E] 3:00 Book Club [CH/L] 3:00 Bridge Club [AR] 4:00 Solstice Anniversary Event [LOB] 4:30 Card Game: Rummy [AR] 6:30 Skip-Bo [AR]	<b>24</b> <b>Bus Transportation for Medical Appointments</b> <b>Happy Birthday Noel T.!</b> 9:30 Exercise: Sit and Be Fit [E] 10:15 How to Prevent Fraud with KJ Kline [AR] 12:30 Dress In Stripes Day [DR] 2:00 Bean Bag Football [E] 2:30 Grand Mesa Medical Walker Checks [AR] 2:30 Pokeno [AR] 4:30 Aggravation Game [AR] 6:30 Crossword Puzzles [E] 7:00 Bingo [AR]	<b>25</b> 9:30 Exercise: Cardio [E] 10:30 Arts and Crafts [AR] 12:30 Dining Room Trivia [DR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Hugh 4:30 Card Game: Go Fish [AR] 6:30 Uno Card Game [AR]	<b>26</b> 9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee & Doughnuts [AR] 12:30 Name Tag & Great Call Alerts [DR] 2:00 Tea Tasting Party for Hot Tea Month [AR] 3:00 Mexican Train Dominoes [AR] 4:30 Card Game: Slapjack [AR] 6:30 Rummikub [AR]																																							
	<b>Happy Birthday John S.! 27</b> 10:00 Walking Club [OUT] 12:00 Who, What, When, Where [AR] 2:00 Puzzle Time [AR] 2:30 Card Game [AR] 3:00 Ice Cream Social [AR] 4:00 Nondenominational Church Service [CH/L] 4:30 Card Game: War [AR] 6:30 Yahtzee [AR]	<b>28</b> 9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 12:00 Picture Find [AR] 2:00 Puzzle Time [E] 2:30 Pokeno [AR] 4:30 Current Events Club [AR] 6:30 Card Game of Choice [E] 7:00 Bingo [AR]	<b>Happy Birthday Eve C.! 29</b> 9:00 Breakfast at Pufferbelly [BUS] 9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting & Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:00 Word Searches [AR] 2:00 Wii Golf [E] 3:00 Mexican Train Dominoes [AR] 4:30 Puzzle Time [AR] 6:30 Rummikub [AR]	<b>30</b> <b>Bus Transportation for Shopping</b> 9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:30 Wii Bowling League [E] 3:00 Bridge Club [AR] 4:30 Card Game: Rummy [AR] 6:30 Skip-Bo [AR]	<b>31</b> <b>Bus Transportation for Medical Appointments</b> 9:30 Exercise: Sit and Be Fit [E] 10:30 Creative Coloring [AR] 12:30 Dress In Dots Day [DR] 2:00 Bean Bag Football [E] 2:30 Pokeno [AR] 4:30 Aggravation Game [AR] 6:30 Crossword Puzzles [E] 7:00 Bingo [AR]	<table border="0"> <tr> <th colspan="2">Location Keys</th> <th colspan="2">Resident Birthdays</th> </tr> <tr> <td>Activity Room</td> <td>AR</td> <td>Miriam K.</td> <td>1/5</td> </tr> <tr> <td>Chapel/Library</td> <td>CH/L</td> <td>Donald P.</td> <td>1/10</td> </tr> <tr> <td>Dining Room</td> <td>DR</td> <td>Norma V.</td> <td>1/14</td> </tr> <tr> <td>Exercise Room</td> <td>E</td> <td>Allan S.</td> <td>1/20</td> </tr> <tr> <td>Lobby</td> <td>LOB</td> <td>Bob D.</td> <td>1/23</td> </tr> <tr> <td>Mesa Store</td> <td>MS</td> <td>Jill T.</td> <td>1/24</td> </tr> <tr> <td>Outing</td> <td>BUS</td> <td>Opal N.</td> <td>1/24</td> </tr> <tr> <td>Outside</td> <td>OUT</td> <td>John S.</td> <td>1/27</td> </tr> <tr> <td></td> <td></td> <td>Evelyn C.</td> <td>1/29</td> </tr> </table>		Location Keys		Resident Birthdays		Activity Room	AR	Miriam K.	1/5	Chapel/Library	CH/L	Donald P.	1/10	Dining Room	DR	Norma V.	1/14	Exercise Room	E	Allan S.	1/20	Lobby	LOB	Bob D.	1/23	Mesa Store	MS	Jill T.	1/24	Outing	BUS	Opal N.	1/24	Outside	OUT	John S.	1/27			Evelyn C.
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