



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Be Adventurous</p> <p>Be Challenged</p> <p>Be Connected</p> <p>Be Family</p> <p>Be Inspired</p> <p>Be Social</p> <p>Be Well</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Chapel/Library CH/L</p> <p>Dining Room DR</p> <p>Exercise Room E</p> <p>Lobby LOB</p> <p>Mesa Store MS</p> <p>Outing BUS</p> <p>Outside OUT</p> <p>Third Floor T</p>	<p>Resident Birthdays</p> <p>Vince V. 2/2</p> <p>James S. 2/3</p> <p>Tom T. 2/4</p> <p>Harold B. 2/5</p> <p>Charles J. 2/9</p> <p>Helen C. 2/11</p> <p>John C. 2/11</p> <p>Betty D. 2/15</p> <p>Junioretta C. 2/16</p> <p>Ruth R. 2/26</p>		<p>9:30 Exercise: Cardio [E]</p> <p>10:30 Arts and Crafts-Scrapbooking [AR]</p> <p>12:30 Dining Room Trivia [DR]</p> <p>2:00 Bean Bag Baseball [E]</p> <p>3:00 Card Game-Kings In the Corner [AR]</p> <p>4:00 Happy Hour with Twirp [LOB]</p> <p>4:30 Board Games [AR]</p> <p>6:30 Bunko Group [AR]</p> <p>6:30 Uno Card Game [E]</p>	<p>Groundhog Day</p> <p>Happy Birthday Vince V.!</p> <p>9:30 Exercise: Stretching [E]</p> <p>10:00 Scrabble [AR]</p> <p>10:30 Coffee & Doughnuts [AR]</p> <p>12:30 Name Tag & Great Call Alerts [DR]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Phase 10 [AR]</p> <p>6:30 Rummikub [AR]</p>
<p>Happy Birthday Jim S.!</p> <p>10:00 Walking Club [OUT]</p> <p>12:00 Who, What, When, Where [AR]</p> <p>2:00 Puzzle Time [AR]</p> <p>2:30 Card Game [AR]</p> <p>3:00 Root Beer Floats [AR]</p> <p>4:00 Nondenominational Church Service [CH/L]</p> <p>4:00 Superbowl Party [E]</p> <p>4:30 Card Game: War [AR]</p> <p>6:30 Movie Night [T]</p>	<p>Happy Birthday Tom T.!</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Pinochle [T]</p> <p>12:00 Picture Find [AR]</p> <p>2:00 Puzzle Time [E]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Current Events Club [AR]</p> <p>6:30 Card Game of Choice [E]</p> <p>7:00 Bingo [AR]</p>	<p>Happy Birthday Harold B.!</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Knitting & Crocheting for the VA and St. Mary's [AR]</p> <p>10:30 Kings In the Corner [AR]</p> <p>12:00 Word Searches [AR]</p> <p>12:30 Chinese New Year Luncheon [DR]</p> <p>2:00 Mountain Man Candy [LOB]</p> <p>2:30 Trip to Enstrom's [BUS]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Puzzle Time [AR]</p> <p>6:30 Rummikub [AR]</p>	<p>Bus Transportation for Shopping</p> <p>9:20 Catholic Communion [CH/L]</p> <p>9:30 Exercise: Strengthening [E]</p> <p>11:00 Bible Study [CH/L]</p> <p>12:30 Friendship Lunch [DR]</p> <p>1:30 Mesa Store [MS]</p> <p>2:30 Wii Bowling League [E]</p> <p>3:00 Bridge Club [AR]</p> <p>4:30 Sudoku Puzzles [AR]</p> <p>6:30 Skip-Bo [AR]</p>	<p>Bus Transportation for Medical Appointments</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:15 Ambassador Meeting [E]</p> <p>12:30 Dress In Blue Day [DR]</p> <p>2:00 Avon Representative- Valentine's [LOB]</p> <p>2:00 Bean Bag Football [E]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Aggravation Game [AR]</p> <p>6:30 Crossword Puzzles [E]</p> <p>7:00 Bingo [AR]</p>	<p>9:30 Exercise: Cardio [E]</p> <p>10:30 Arts and Crafts- Valentine's Cards [AR]</p> <p>12:30 Dining Room Trivia [DR]</p> <p>2:00 Bean Bag Baseball [E]</p> <p>3:00 Card Game-Kings In the Corner [AR]</p> <p>4:00 Happy Hour with Nick [LOB]</p> <p>4:30 Board Games [AR]</p> <p>6:30 How to Use your TV with TONY [E]</p> <p>6:30 Uno Card Game [AR]</p>	<p>9:30 Exercise: Stretching [E]</p> <p>10:00 Scrabble [AR]</p> <p>10:30 Coffee & Doughnuts [AR]</p> <p>12:30 Name Tag & Great Call Alerts [DR]</p> <p>2:00 Path to Wellness Awards [LOB]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Phase 10 [AR]</p> <p>6:30 Rummikub [AR]</p>
<p>10:00 Livin' the Dream [AR]</p> <p>10:00 Walking Club [OUT]</p> <p>12:00 Who, What, When, Where [AR]</p> <p>2:00 Puzzle Time [AR]</p> <p>2:30 Card Game [AR]</p> <p>3:00 Ice Cream Social [AR]</p> <p>4:00 Hymn Sing with Dorris [CH/L]</p> <p>4:30 Card Game: War [AR]</p> <p>6:30 Movie Night [T]</p>	<p>Happy Birthday Helen C.!</p> <p>Happy Birthday John C.!</p> <p>9:00 Foot C's [CH/L]</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Pinochle [T]</p> <p>12:00 Picture Find [AR]</p> <p>2:00 Food for Thought [AR]</p> <p>2:00 Puzzle Time [E]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Current Events Club [AR]</p> <p>6:30 Card Game of Choice [E]</p> <p>7:00 Bingo [AR]</p>	<p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Knitting & Crocheting for the VA and St. Mary's [AR]</p> <p>10:30 Kings In the Corner [AR]</p> <p>12:00 Word Searches [AR]</p> <p>12:30 Lunch at Famous Dave's [BUS]</p> <p>2:00 Wii Golf [E]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Puzzle Time [AR]</p> <p>6:30 Rummikub [AR]</p>	<p>Bus Transportation for Shopping</p> <p>9:20 Catholic Communion [CH/L]</p> <p>9:30 Exercise: Strengthening [E]</p> <p>11:00 Bible Study [CH/L]</p> <p>12:30 Friendship Lunch [DR]</p> <p>1:30 Mesa Store [MS]</p> <p>2:00 Kindred Vital Checks [AR]</p> <p>2:30 Community Meeting [LOB]</p> <p>3:00 Bridge Club [AR]</p> <p>4:30 Sudoku Puzzles [AR]</p> <p>6:30 Skip-Bo [AR]</p>	<p>Bus Transportation for Medical Appointments</p> <p>Valentine's Day</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Chat with Jackie [AR]</p> <p>10:30 Creative Coloring [AR]</p> <p>12:30 Dress In Stripes Day [DR]</p> <p>12:30 Valentine's Day "Lunch of Love" [DR]</p> <p>2:00 Bean Bag Football [E]</p> <p>2:30 Grand Mesa Medical [AR]</p> <p>2:30 Pokeno [AR]</p> <p>3:00 Sweetheart's Social [LOB]</p> <p>4:30 Aggravation Game [AR]</p> <p>6:30 Crossword Puzzles [E]</p> <p>7:00 Bingo [AR]</p>	<p>Happy Birthday Betty D.!</p> <p>9:30 Exercise: Cardio [E]</p> <p>10:30 Arts and Crafts- Coffee Filter Flowers [AR]</p> <p>12:30 Dining Room Trivia [DR]</p> <p>2:00 Bean Bag Baseball [E]</p> <p>3:00 Card Game-Kings In the Corner [AR]</p> <p>4:00 Happy Hour with Tea for Two [LOB]</p> <p>4:30 Board Games [AR]</p> <p>6:30 Uno Card Game [AR]</p>	<p>Happy Birthday June C.!</p> <p>9:30 Exercise: Stretching [E]</p> <p>10:00 Scrabble [AR]</p> <p>10:30 Coffee & Doughnuts [AR]</p> <p>12:30 Name Tag & Great Call Alerts [DR]</p> <p>2:00 Gold Key Club [AR]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Phase 10 [AR]</p> <p>6:30 Rummikub [AR]</p>
<p>10:00 Walking Club [OUT]</p> <p>12:00 Who, What, When, Where [AR]</p> <p>2:00 Puzzle Time [AR]</p> <p>2:30 Card Game [AR]</p> <p>3:00 Root Beer Floats [AR]</p> <p>4:00 Nondenominational Church Service [CH/L]</p> <p>4:30 Card Game: War [AR]</p> <p>6:30 Movie Night [T]</p>	<p>Caring Transitions</p> <p>Presidents' Day</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Pinochle [T]</p> <p>10:30 President's Day Trivia Contest [AR]</p> <p>12:00 Picture Find [AR]</p> <p>2:00 Puzzle Time [E]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Current Events Club [AR]</p> <p>6:30 Card Game of Choice [E]</p> <p>7:00 Bingo [AR]</p>	<p>Trip to the Movies</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Knitting & Crocheting for the VA and St. Mary's [AR]</p> <p>10:30 Kings In the Corner [AR]</p> <p>12:00 Word Searches [AR]</p> <p>12:30 Mountain Man Candy [LOB]</p> <p>2:00 Wii Golf [E]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Puzzle Time [AR]</p> <p>6:30 Rummikub [AR]</p>	<p>Bus Transportation for Shopping</p> <p>9:20 Catholic Communion [CH/L]</p> <p>9:30 Exercise: Strengthening [E]</p> <p>11:00 Bible Study [CH/L]</p> <p>12:30 Ambassadors/New Residents Luncheon [DR]</p> <p>12:30 Friendship Lunch [DR]</p> <p>1:30 AAA Hearing [AR]</p> <p>1:30 Mesa Store [MS]</p> <p>2:30 Wii Bowling League [E]</p> <p>3:00 Bridge Club [AR]</p> <p>4:00 Solstice Open House [LOB]</p> <p>4:30 Sudoku Puzzles [AR]</p> <p>6:30 Skip-Bo [AR]</p>	<p>Bus Transportation for Medical Appointments</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:15 Ambassador Meeting [E]</p> <p>12:30 Dress In Green Day [DR]</p> <p>2:00 Bean Bag Football [E]</p> <p>2:00 Talk with First Light: Why you should eat [AR]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Aggravation Game [AR]</p> <p>6:30 Crossword Puzzles [E]</p> <p>7:00 Bingo [AR]</p>	<p>9:30 Exercise: Cardio [E]</p> <p>10:30 Arts and Crafts- Paint by Number [AR]</p> <p>12:30 Dining Room Trivia [DR]</p> <p>2:00 Bean Bag Baseball [E]</p> <p>3:00 Card Game-Kings In the Corner [AR]</p> <p>4:00 Happy Hour with Hugh [LOB]</p> <p>4:30 Board Games [AR]</p> <p>6:30 Uno Card Game [AR]</p>	<p>9:30 Exercise: Stretching [E]</p> <p>10:00 Scrabble [AR]</p> <p>10:30 Coffee & Doughnuts [AR]</p> <p>12:30 Name Tag & Great Call Alerts [DR]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Phase 10 [AR]</p> <p>6:30 Rummikub [AR]</p>
<p>10:00 Walking Club [OUT]</p> <p>12:00 Who, What, When, Where [AR]</p> <p>2:00 Puzzle Time [AR]</p> <p>2:30 Card Game [AR]</p> <p>3:00 Ice Cream Social [AR]</p> <p>4:00 Nondenominational Church Service [CH/L]</p> <p>4:30 Card Game: War [AR]</p> <p>6:30 Movie Night [T]</p>	<p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Pinochle [T]</p> <p>12:00 Picture Find [AR]</p> <p>2:00 Puzzle Time [E]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Current Events Club [AR]</p> <p>6:30 Card Game of Choice [E]</p> <p>7:00 Bingo [AR]</p>	<p>Happy Birthday Ruth R.!</p> <p>9:00 Breakfast at The Egg and I [BUS]</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:00 Knitting & Crocheting for the VA and St. Mary's [AR]</p> <p>10:30 Kings In the Corner [AR]</p> <p>12:00 Word Searches [AR]</p> <p>12:00 February Birthday Event! [AR]</p> <p>3:00 Mexican Train Dominoes [AR]</p> <p>4:30 Puzzle Time [AR]</p> <p>6:30 Rummikub [AR]</p>	<p>Bus Transportation for Shopping</p> <p>9:20 Catholic Communion [CH/L]</p> <p>9:30 Exercise: Strengthening [E]</p> <p>11:00 Bible Study [CH/L]</p> <p>12:30 Friendship Lunch [DR]</p> <p>1:30 Mesa Store [MS]</p> <p>2:00 Kindred Vitals Checks [AR]</p> <p>2:30 Wii Bowling League [E]</p> <p>3:00 Book Club [CH/L]</p> <p>3:00 Bridge Club [AR]</p> <p>4:30 Sudoku Puzzles [AR]</p> <p>6:30 Skip-Bo [AR]</p>	<p>Bus Transportation for Medical Appointments</p> <p>9:30 Exercise: Sit and Be Fit [E]</p> <p>10:30 Creative Coloring [AR]</p> <p>12:30 Dress In Yellow Day [DR]</p> <p>2:00 Bean Bag Football [E]</p> <p>2:30 Grand Mesa Medical Walker Checks [AR]</p> <p>2:30 Pokeno [AR]</p> <p>4:30 Aggravation Game [AR]</p> <p>6:30 Crossword Puzzles [E]</p> <p>7:00 Bingo [AR]</p>		