

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>December cont'd</b> 30</p> <p>10:00 Walking Club [OUT] 11:30 Who, What, When, Where [AR] 2:25 Broncos vs Chargers [E] 2:30 Card Game [AR] 3:00 Root Beer Floats [AR] 4:00 Nondenominational Church Service [CH/L] 7:00 Yahtzee [AR]</p>	<p><b>New Year's Eve</b> 31</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 11:30 Picture Find [AR] 2:30 Pokeno 3:00 New Year's Eve Party Games [E] 4:00 Current Events Club [AR] 7:00 Bingo [AR]</p>	<p>SOLSTICE SENIOR LIVING AT MESA VIEW</p>	<p><b>Be Adventurous</b> <b>Be Challenged</b> <b>Be Connected</b> <b>Be Family</b> <b>Be Inspired</b> <b>Be Social</b> <b>Be Well</b></p>	<p><b>Location Keys</b></p> <p>Activity Room AR Chapel/Library CH/L Dining Room DR Exercise Room E Lobby LOB Mesa Store MS Outing BUS Outside OUT</p>	<p><b>Resident Birthdays</b></p> <p>Sue M. 12/1 Adair W. 12/4 Corrine J. 12/11 Rick K. 12/13 Carol H. 12/14 Josephine L. 12/14 Jose R. 12/19 Lester M. 12/20 James C. 12/22</p>	<p><b>Happy Birthday Sue M.!</b> 1</p> <p>9:30 Exercise: Stretching [E] 10:00 Music with Nick [LOB] 10:00 Scrabble [AR] 10:30 Coffee &amp; Doughnuts [AR] 12:30 Name Tag &amp; Great Call Alerts [DR] 2:00 Angel Tree Interest Meeting [AR] 3:00 Mexican Train Dominoes [AR] 7:00 Rummikub [AR]</p>
<p>2</p> <p>10:00 Walking Club [OUT] 11:00 Broncos vs Bengals [E] 11:30 Who, What, When, Where [AR] 2:30 Card Game [AR] 3:00 Root Beer Floats [AR] 4:00 Nondenominational Church Service [CH/L] 7:00 Yahtzee [AR]</p>	<p>3</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 11:30 Picture Find [AR] 2:00 Avon Representative [LOB] 2:30 Pokeno 4:00 Current Events Club [AR] 7:00 Bingo [AR]</p>	<p><b>Happy Birthday Adair W.!</b> 4</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Knitting &amp; Crocheting for the VA and St. Mary's [AR] 10:00 Trip to the Movies [BUS] 10:30 Kings In the Corner [AR] 3:00 Mexican Train Dominoes [AR] 4:00 Acting for Seniors Interest Meeting 4:00 Puzzle Time [AR] 7:00 Rummikub [AR]</p>	<p><b>Bus Transportation for Shopping</b> 5</p> <p>9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 10:00 Wii Bowling League [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:00 Community Meeting [LOB] 3:00 Bridge Club [AR] 7:00 Skip-Bo [AR]</p>	<p><b>Bus Transportation for Medical Appointments</b> 6</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:15 Ambassador Meeting [E] 12:30 Dress In Red Day [DR] 2:00 Hydration Talk with First Light [AR] 2:00 Puzzle Time [AR] 2:30 Pokeno [AR] 3:00 Bean Bag Football [E] 4:00 Aggravation Game [AR] 7:00 Bingo [AR]</p>	<p>7</p> <p>9:30 Exercise: Cardio [E] 11:30 Arts and Crafts [AR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Twirp 7:00 Creative Coloring [AR] 7:00 Uno Card Game [AR]</p>	<p>8</p> <p>9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee &amp; Doughnuts [AR] 12:30 Name Tag &amp; Great Call Alerts [DR] 3:00 Mexican Train Dominoes [AR] 3:30 Nutcracker: Institute of Dancing Arts [LOB] 7:00 Rummikub [AR]</p>
<p>9</p> <p>10:00 Walking Club [OUT] 11:30 Who, What, When, Where [AR] 2:00 Christmas Music with the Church of Christ [LOB] 2:05 Broncos vs 49ers [E] 2:30 Card Game [AR] 3:00 Ice Cream Social [AR] 4:00 Christmas Music Sing a Long [LOB] 7:00 Yahtzee [AR]</p>	<p>10</p> <p>9:00 Foot C's [CH/L] 9:30 Exercise: Sit and Be Fit [E] 10:00 ED Chat [AR] 10:00 Pinochle [AR] 11:30 Picture Find [AR] 2:00 Crystal Crackers Performance and Tea Party [LOB] 2:30 Pokeno 4:00 Current Events Club [AR] 7:00 Bingo [AR]</p>	<p><b>Happy Birthday Corrine J.!</b> 11</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 ISL Inspires: Deliver Baby Hats and Blankets to St. Mary's [AR] 10:30 Kings In the Corner [AR] 2:00 Mountain Man Candy [LOB] 3:00 Mexican Train Dominoes [AR] 4:00 Puzzle Time [AR] 7:00 Looking at Christmas Lights [BUS] 7:00 Rummikub [AR]</p>	<p><b>Bus Transportation for Shopping</b> 12</p> <p>9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 10:00 Wii Bowling League [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 1:30 Mesa Store [MS] 2:00 Kindred Vital Checks [AR] 3:00 Bridge Club [AR] 7:00 Skip-Bo [AR]</p>	<p><b>Bus Transportation for Medical Appointments</b> 13</p> <p><b>Happy Birthday Rick K.!</b> 9:30 Exercise: Sit and Be Fit [E] 12:30 Dress In Blue Day [DR] 2:00 Presentation with Chiropractor [LOB] 2:30 Grand Mesa Medical [AR] 2:30 Pokeno [AR] 3:00 Bean Bag Football [E] 4:00 Aggravation Game [AR] 7:00 Bingo [AR]</p>	<p><b>Happy Birthday Carol H.!</b> 14 <b>Happy Birthday Josephine L.!</b></p> <p>9:30 Exercise: Cardio [E] 11:30 Arts and Crafts [AR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Rosewood and Ivory [LOB] 7:00 Christmas Cookie Decorating with Emily [AR] 7:00 Creative Coloring [AR] 7:00 Uno Card Game [AR]</p>	<p>15</p> <p>9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee &amp; Doughnuts [AR] 12:30 Name Tag &amp; Great Call Alerts [DR] 2:00 This is Your Life [AR] 3:00 Mexican Train Dominoes [AR] 6:20 Broncos vs Browns [E] 7:00 Rummikub [AR]</p>
<p>16</p> <p>9:00 Christmas Concert [BUS] 10:00 Walking Club [OUT] 11:30 Who, What, When, Where [AR] 2:00 Christmas Program with Brenda Austin and Students [LOB] 2:30 Card Game [AR] 3:00 Root Beer Floats [AR] 4:00 Nondenominational Church Service [CH/L] 7:00 Yahtzee [AR]</p>	<p><b>Caring Transitions</b> 17</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 11:30 Picture Find [AR] 2:00 Chef's Chat [AR] 2:30 Pokeno 4:00 Current Events Club [AR] 7:00 Bingo [AR]</p>	<p>18</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Funny Money Auction [LOB] 10:00 Knitting &amp; Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 2:00 On Call, Know it All! (Cell Phone Assistance) [AR] 3:00 Mexican Train Dominoes [AR] 4:00 Puzzle Time [AR] 7:00 Rummikub [AR]</p>	<p><b>Bus Transportation for Shopping</b> 19</p> <p><b>Happy Birthday Jose R.!</b> 9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 10:00 Wii Bowling League [E] 11:00 Bible Study [CH/L] 12:30 Ambassadors/New Residents Luncheon [DR] 12:30 Entertainment with Hutchins [DR] 12:30 Friendship Lunch [DR] 1:30 AAA Hearing [AR] 1:30 Mesa Store [MS] 3:00 Bridge Club [AR] 7:00 Skip-Bo [AR]</p>	<p><b>Bus Transportation for Medical Appointments</b> 20</p> <p><b>Happy Birthday Lester M.!</b> 9:30 Exercise: Sit and Be Fit [E] 10:15 Ambassador Meeting [E] 12:30 Dress In Yellow Day [DR] 2:00 Gold Key Club Meeting [AR] 2:30 Pokeno [AR] 3:00 Bean Bag Football [E] 4:00 Aggravation Game [AR] 7:00 Bingo [AR]</p>	<p>21</p> <p>9:30 Exercise: Cardio [E] 10:30 Christmas Music (Guitar and Violin) with Madelline 11:30 Arts and Crafts [AR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Nick [LOB] 7:00 Creative Coloring [AR] 7:00 Uno Card Game [AR]</p>	<p><b>Happy Birthday James C.!</b> 22</p> <p>9:30 Exercise: Stretching [E] 10:00 Holiday Bazaar [LOB] 10:00 Scrabble [AR] 10:30 Coffee &amp; Doughnuts [AR] 12:30 Name Tag &amp; Great Call Alerts [DR] 3:00 Mexican Train Dominoes [AR] 7:00 Rummikub [AR]</p>
<p>23</p> <p>10:00 Walking Club [OUT] 11:30 Who, What, When, Where [AR] 2:30 Card Game [AR] 3:00 Ice Cream Social [AR] 4:00 Nondenominational Church Service [CH/L] 7:00 Yahtzee [AR]</p>	<p><b>Christmas Eve</b> 24</p> <p>9:30 Exercise: Sit and Be Fit [E] 10:00 Pinochle [AR] 11:30 Picture Find [AR] 2:30 Pokeno 4:00 Current Events Club [AR] 6:15 Broncos vs Raiders [E] 7:00 'Twas the Night Before Christmas Party [LOB]</p>	<p><b>Christmas Day</b> 25</p> <p>9:30 Exercise: Sit and Be Fit [E] 9:30 Reading of the Christmas Story [LOB] 10:00 Knitting &amp; Crocheting for the VA and St. Mary's [AR] 10:30 Kings In the Corner [AR] 12:30 Christmas Lunch [DR] 12:30 Entertainment with the Hutchins [DR] 3:00 Mexican Train Dominoes [AR] 4:00 Puzzle Time [AR] 7:00 Rummikub [AR]</p>	<p><b>Bus Transportation for Shopping</b> 26</p> <p>9:20 Catholic Communion [CH/L] 9:30 Exercise: Strengthening [E] 10:00 Wii Bowling League [E] 11:00 Bible Study [CH/L] 12:30 Friendship Lunch [DR] 12:30 Sang Garden Lunch Outing [BUS] 1:30 Mesa Store [MS] 2:00 Kindred Vital Checks [AR] 3:00 Book Club [CH/L] 3:00 Bridge Club [AR] 7:00 Skip-Bo [AR]</p>	<p><b>Bus Transportation for Medical Appointments</b> 27</p> <p>9:30 Exercise: Sit and Be Fit [E] 12:30 Dress In Green Day [DR] 2:30 Grand Mesa Medical Walker Checks [AR] 2:30 Pokeno [AR] 3:00 Bean Bag Football [E] 3:30 Early New Year's Eve Ball at Grand Valley [BUS] 4:00 Aggravation Game [AR] 7:00 Bingo [AR]</p>	<p>28</p> <p>9:30 Exercise: Cardio [E] 11:30 Arts and Crafts [AR] 2:00 Bean Bag Baseball [E] 3:00 Card Game-Kings In the Corner [AR] 4:00 Happy Hour with Hugh [LOB] 7:00 Creative Coloring [AR] 7:00 Uno Card Game [AR]</p>	<p>29</p> <p>9:30 Exercise: Stretching [E] 10:00 Scrabble [AR] 10:30 Coffee &amp; Doughnuts [AR] 12:30 Name Tag &amp; Great Call Alerts [DR] 3:00 Mexican Train Dominoes [AR] 7:00 Rummikub [AR]</p>